

Bowel Prep Instructions

Please purchase from the pharmacy the following items:

*** 2 bottles of Citrate of Magnesia

*** 1 Fleets Enema

THE DAY BEFORE SURGERY

1. Drink 1 bottle of Citrate of Magnesia @ 2pm.
2. Drink 1 bottle of Citrate of Magnesia @ 7pm.
3. Fleets enema to be performed @ 9pm.
4. **Clear liquids only** by mouth *starting* at 12 noon.
5. **NOTHING BY MOUTH** *after* 12 mid-night.