

# **Discharge Instructions**

## **Laparoscopy / Robotic Surgery**

### **1. Diet**

Eat light foods after your surgery following discharge. You may resume a regular diet on the following day.

### **2. Activity**

You should have reduced activity on the day of surgery. Resume your regular activities gradually over the next several days.

### **3. Medications**

A prescription may be given to you for severe pain. Otherwise, take Tylenol (acetaminophen) or over the counter Motrin (ibuprofen) as directed on the bottle.

### **4. Post Operative Visit**

The Post Operative visit should be in 2 weeks. Please call the office for an appointment.

### **5. Sexual Activity**

May not be resumed until you return to the office.

**PLEASE CALL THE DOCTOR @ 516.466.4128  
IF YOU EXPERIENCE ANY OF THE FOLLOWING:**

1. Heavy vaginal bleeding
2. Temperature greater than 100.5 orally
3. Severe abdominal – perennial pain
4. Swollen area on the leg that is painful, red or hot